## **Cyflawni Positive Cases Studies**

- Mrs A came to the Cyflawni Unit following a fall resulting in reduced mobility and after spending a period in hospital agreed to be discharged to the unit with a view to take part in reablement and assessment. Mrs A has been able to return home after four weeks of reablement to regain her independence and skills and returned home with no care and support. Mrs A has been promoted to re learn skills such as self-medicating and stair and mobility practice to enable her to return home safely and thus not requiring the need for care and support.
- Mrs B came to the Cyflawni Unit following a fall at home, in hospital she had given up and not fully participating in reablement. Mrs B came to Cyflawni and the first week was difficult for her – not engaging, would not leave her bed, lacked self-confidence. We scheduled Mrs B an appointment with the hairdresser in the hope that this would give her a boost, it did, and she then progressed from using a sara steady and assistance of two to independently walking with a zimmer frame which took her package of care down from four calls a day with two carers to going home with reablement twice a day which ended within the week.
- Mr C came to the Cyflawni Unit again following a fall ended up in a fractured hip, he underwent surgery and ended up in ICU very poorly following his operation. Mr C spent some time in hospital participating in reablement and was engaging and eager to progress. Mr C agreed to come to Cyflawni for further reablement and assessment to determine his long term needs, goals, and outcomes. Mr C went from assistance of two and a sara steady to returning home with reablement four times a day and being able to step around transfer and mobilising short distances. Mr C was able to continue his reablement journey.